

# September 2024



## MAYFAIR CARE CENTRE RECREATION CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Songs of Faith - TW	2 To sign up for outings, please see Recreation board on the Heritage wing across from the nursing office. Resident may sign up for 1 outing and 1 luncheon per month.	3 9:30 Colouring - TW 10:45 Pic-TUNE-ary - LIB 2:15 Ice Cream Social - TW 3:45 Crib Club - TW 6:30 Around the Globe - TW	4 10:15 Mindful Meditation - LIB 10:30 Flower Arranging - TW 11:00 Bible Study - LIB 2:00 Knitting Crew - TW 2:00 Shuffleboard - TW 2:15 Music Therapy Session - LIB	5 10:00 Balloon Badminton - R 10:15 Catholic Church Service - TW 10:30 Tovertafel - FL 12:00 Joey's Fish n' Chips Luncheon - TW 2:00 Chair Yoga - LIB 2:30 Jerry Plays Banjo - TW 4:00 Jeopardy - LIB 6:30 Sports Den - LIB	6 10:00 Painting - TW 10:30 Time Slips - LIB 1:30 Brain Games - LIB 2:15 Balloon Badminton - G	7 9:45 DrumFit - TW 10:45 Word Games - LIB 2:00 Helping Hands - TW
8 2:00 United Church Service - TW	9 11:00 DrumFit - TW 2:00 Word Games - LIB 2:15 Create & Construct - TW 2:30 Music Appreciation - W 4:15 Trivia - B 6:30 Bingo - TW	10 9:30 Colouring - TW 10:00 Chair Zumba - LIB 12:45 Zoo Outing - TW 2:00 Documentary - TW 3:45 Crib Club - TW 6:30 Show Time - LIB	11 10:15 Mindful Meditation - LIB 10:30 Flower Arranging - TW 11:00 Bible Study - LIB 2:00 Shuffleboard - TW 2:15 Music Therapy Session - LIB	12 10:00 Balloon Badminton - R 10:30 Tovertafel - FL 1:15 South Glenmore Park Outing - TW 2:00 Chair Yoga - LIB 6:30 Sing With Me - LIB	13 10:00 Painting - TW 2:00 Brain Games - LIB 2:15 Balloon Badminton - G	14 9:45 DrumFit - TW 11:00 Jeopardy - LIB 2:00 Helping Hands - TW
15 10:30 Songs of Faith - TW	16 11:00 DrumFit - TW 2:00 Word Games - LIB 2:15 Create & Construct - TW 2:30 Music Appreciation - W 4:15 Trivia - B 6:30 Bingo - TW	17 9:30 Colouring - TW 10:00 Chair Zumba - LIB 1:15 Pies Plus Outing - TW 2:00 Gospel Chapel Service - LIB 3:45 Crib Club - TW 6:30 Show Time - LIB	18 10:15 Mindful Meditation - LIB 10:30 Flower Arranging - TW 11:00 Bible Study - LIB 2:00 Knitting Crew - TW 2:00 Shuffleboard - TW 2:15 Music Therapy Session - LIB	19 10:00 Balloon Badminton - R 10:15 Catholic Church Service - TW 10:30 Tovertafel - FL 4:00 Jeopardy - LIB 6:30 Sports Den - LIB	20 10:00 Painting - TW 10:30 Word Search - LIB 2:15 Kelly Entertains - TW	21 9:45 DrumFit - TW 11:00 Helping Hands - TW 1:30 Afternoon At The Movies - TW



FL - Front Lounge

LIB - Library

TW - Therapy Wing



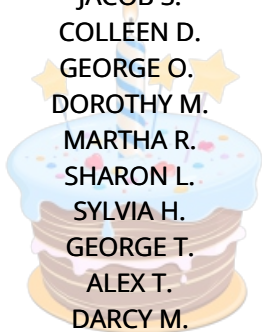
TW - Outings

THIS CALENDAR IS SUBJECT TO CHANGE. PLEASE SEE DAILY WHITEBOARDS FOR UPDATES.

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## MAYFAIR CARE CENTRE RECREATION CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">22</p> <p>2:30 FBCFI Church Service - TW</p> 	<p style="text-align: right;">23</p> <p>10:00 Resident &amp; Family Council Meeting - LIB 11:00 DrumFit - TW 2:00 Word Games - LIB 2:15 Create &amp; Construct - TW 2:30 Music Appreciation - W 4:15 Trivia - B 6:30 Bingo - TW</p>	<p style="text-align: right;">24</p> <p>9:30 Colouring - TW 10:00 Chair Zumba - LIB 1:15 Carburn Park Outing - TW 2:00 Songs of Faith - LIB 3:45 Crib Club - TW 6:30 Show Time - LIB</p>	<p style="text-align: right;">25</p> <p>10:15 Mindful Meditation - LIB 10:30 Flower Arranging - TW 11:00 Bible Study - LIB 2:00 Knitting Crew - TW 2:00 Shuffleboard - TW 2:15 Music Therapy Session - LIB</p>	<p style="text-align: right;">26</p> <p>10:00 Balloon Badminton - R 10:30 Tovertafel - FL 10:45 Pfanntastic Pannekoek Haus Outing - TW 2:00 Chair Yoga - LIB 4:00 Jeopardy - LIB</p>	<p style="text-align: right;">27</p> <p>10:00 Painting - TW 10:30 Word Search - LIB 2:15 Truth and Reconciliation Event - TW</p>	<p style="text-align: right;">28</p> <p>9:45 DrumFit - TW 11:00 Helping Hands - TW 2:15 Havana Dance Studio Performance - TW</p>
<p style="text-align: right;">29</p>	<p style="text-align: right;">30</p> 		<p>HAPPY BIRTHDAY TO:</p>  <p>JACOB S. COLLEEN D. GEORGE O. DOROTHY M. MARTHA R. SHARON L. SYLVIA H. GEORGE T. ALEX T. DARCY M. MUOI L. LIZ M.</p>		<p>If you have any questions in regards to programs and outings please come to the Recreation office at the end of the Glenmore Wing.</p>	

FL - Front Lounge

LIB - Library

TW - Therapy Wing

TW - Outings

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