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| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **1** | **2**  HAPPY  LABOUR  DAY!  **Labour Day** in **Canada** is celebrated on the first Monday of September. It originally gave workers the chance to campaign for better working conditions or pay. The **day** is now part of a long **weekend** for many **Canadians**. | **3**  **9:45** Bible Study (LIB)  **9:45** What’s Up In Rec? (G)  **10:00 LIBRARY CART WITH PAM (W)**  **10:45** Get To Know You (G)  **11:00** Get To Know You (B)  **12:30 OUTING TO BLACKFOOT TRUCK STOP (TW)**  **1:00** Get To Know You (H)  **3:45** Crib Club (TW)  **4:00** Ladder Ball (LIB)  **4:00** Walk & Talk (GC)  **6:30** **SING N’ BE HAPPY (TW)** | **4**  **10:00 ANGLICAN CHURCH SERVICE (TW)**  **10:00** What’s Up In Rec? (R)  **11:00** Flower Arranging (TW)  **11:00** Heighten Your Senses (H)  **1:15** Shuffleboard (TW)  **1:30** Brain Games (FL)  **1:30** Music Therapy Visits (W)  **2:00** Closed Music Therapy Session R/B (LIB)  **2:15** Shuffleboard (TW)  **3:00** Get To Know You (R)  **4:00** Fella-Ship Club (LIB)  **6:30** Music Appreciation (TW) | **5**  **9:45 CATHOLIC MASS (TW)**  **9:45** Get A Move On (LIB)  **10:00** Alive Inside (R/B)  **11:00** News & Views (LIB)  **11:00** What’s Up In Rec? (H)  **1:30- 2:30** **CYCLING WITHOUT AGE (GC)**  **1:30 ICE CREAM WITH A VIEW OUTING** **(TW)**  **1:30** Card Bingo (TW)  **2:45** Artist’s Corner (TW)  **3:30** Get To Know You (G)  **4:00** Trivial Pursuit (LIB)  **4:00** Walk & Talk (GC)  **6:30** Carpet Bowling (TW) | **6**    **9:45** Painting (TW)  **10:30** Java Music Club (LIB)  **10:45** Get A Move On (R/B)  **11:00** Get To Know You (H)  **11:30** What’s Up In Rec? (B)  **11:45** Shoe Shine (W)  **1:00- 2:00** **CYCLING WITHOUT AGE (GC)**  **2:30 GRANDPARENTS DAY CELEBRATION (TW)**  **4:00** Sing with Me (TW) | **7**    **9:30** Ladder Ball (TW)  **9:45** Music Appreciation (LIB)  **11:00** How Is It Spelled? (LIB)  **1:00-2:00 CYCLING WITHOUT AGE (GC)**  [Image result for fall flower clipart](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwi8xsjv3avkAhUxHzQIHY7kAK8QjRx6BAgBEAQ&url=/url?sa%3Di%26rct%3Dj%26q%3D%26esrc%3Ds%26source%3Dimages%26cd%3D%26ved%3D%26url%3Dhttps://sulimanalomran.com/image/fall-leaves-tree-clipart/390821.html%26psig%3DAOvVaw2IpW-MHfTNpXMAMc9BU9H4%26ust%3D1567293537824440&psig=AOvVaw2IpW-MHfTNpXMAMc9BU9H4&ust=1567293537824440)**2:30** Horse Races (TW) |
| **8**  John O.  Betty J.  Evelyn H.  Glennys P.  Irene P.  John W.  Lucy M.  Doris S.  Gary P.  Irene P.  Liz M. | **9**  **10:00** Get To Know You (B)  **10:30** Get A Move On (TW)  **1:15** Beach Ball Toss (GC/TW)  **1:30- 2:30** **CYCLING WITHOUT AGE (GC)**  **2:30 WELCOME AND BIRTHDAY PARTY WITH**  **DAIGA & ANNA (DR)**  **4:00** Get To Know You (G)  **4:00** Trivial Pursuit (LIB)  **6:30** Shuffleboard (TW) | **10**  **9:45** Ball Toss (R)  **9:45** Bible Study (LIB)  **10:00 SHOPPING OUTING TO SOUTHCENTRE MALL (TW)**  **10:45** Brain Games (H)  **11:00** How Is It Spelled? (LIB)  **1:00** Get To Know You (H)  **1:30-2:30** **CYCLING WITHOUT AGE (GC)**  **2:15** Artist’s Corner (TW)  **4:00** Crib Club (TW)  **4:00** Ladder Ball (LIB)  **6:30** **SING N’ BE HAPPY WITH LARRY (TW)** | **11**  **11:00** Flower Arranging (TW)  **11:00** Heighten Your Senses (G)  **1:15** Shuffleboard (TW)  **1:30-2:30** **CYCLING WITHOUT AGE (GC)**  **1:30** Music Therapy Visits (W)  **2:00** Closed Music Therapy Session R/B (LIB)  **2:15** Shuffleboard (TW)  **3:00** Get To Know You (R)  **4:00** Fella-Ship Club (LIB)  **6:30** Music Appreciation (TW)  THIS CALENDAR IS SUBJECT TO CHANGE… PLEASE REFER TO DAILY PROGRAM BOARDS ON EACH WING. | **12**  **9:45 CATHOLIC MASS (TW)**  **9:45** Get A Move On (LIB)  **10:00** Taboo (FL)  **11:00** How Is It Spelled? (LIB)  **11:00** Get To Know You (G)  **1:00 OUTING TO SASKATOON BERRY FARM (TW)**  **1:30- 2:30** **CYCLING WITHOUT AGE (GC)**  **1:30** Bingo (TW)  **6:30** **PET PALS VISIT (TW)** | **13**  **9:45** Painting (TW)  **10:30** Java Music Club  (LIB)  **10:45** Alive Inside (W)  **10:45** Get A Move On (R/B)  **11:45** Connect 4 (R)  **1:15** Brain Games (LIB)  **1:30** Heighten your Senses (W)  **1:30- 2:30** **CYCLING WITHOUT AGE (GC)**  **2:30 ICE CREAM FLOATS (TW)**  **3:00** Get To Know You (G)  **4:00** Sing With Me (LIB) | **14**    **9:30** Card Club (TW)  **9:45** Get A Move On (LIB)  **11:00** How Is It Spelled? (LIB)  **11:00-12:00 CYCLING WITHOUT AGE (GC)**  **2:30** Karaoke with Jess & Ken (TW) |

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| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **15** | **16**  **10:00** Get To Know You (B)  **10:30** Get A Move On (LIB)  **10:30 ERNA PLAYS CLASSICAL PIANO (TW)**  **1:00** Get To Know You (G)  **1:15** Balloon Badminton (GC/TW)  **2:00** Remember When (LIB)  **2:15** Mandala Coloring (FL)  **2:30** Heighten Your Senses (R)  **4:00** Trivial Pursuit (LIB)  **6:30** Shuffleboard (TW) | **17**  **9:45** Bible Study (LIB)  **9:45** Ball Toss (B)  **10:00** **LIBRARY CART WITH PAM (W)**  **10:00** Baking (TW)  **10:45** **OUTING TO SWISS CHALET (TW)**  **11:00** Alive Inside (W)  **1:00** Get To Know You (H)  **1:30-2:30** **CYCLING WITHOUT AGE (GC)**  **4:00** Crib Club (TW)  **4:00** Ladder Ball (LIB)  **6:30** **SING N’ BE HAPPY (TW)** | **18**  **11:00** Flower Arranging (TW)  **11:00** Heighten Your Senses (R)  **1:15** Shuffleboard (TW)  **1:30-2:30** **CYCLING WITHOUT AGE (GC)**  **1:30** Music Therapy Visits (W)  **2:00** Closed Music Therapy Session R/B (LIB)  **2:15** Shuffleboard (TW)  **3:00** Get To Know You (R)  **4:00** Fella-Ship Club (LIB)  **6:30** Music Appreciation (LIB) | **19**    **9:45 CATHOLIC MASS (TW)**  **9:45** Get A Move On (LIB)  **10:00** Alive Inside (R/B)  **10:00** Taboo (FL)  **11:00** News & Views (LIB)  **1:15 OUTING TO TOP DOGS (TW)**  **1:30-2:30** **CYCLING WITHOUT AGE (GC)**  **1:30** Card Bingo (TW)  **2:45** Artist’s Corner (TW)  **3:30** Get To Know You (G)  **4:00** Trivial Pursuit (LIB)  **4:00** Walk & Talk (GC)  **6:30** Carpet Bowling (TW) | **20**  **9:45** Painting (TW)  **9:45** Alive Inside (W)  **10:30** Java Music Club (LIB)  **10:45** Get A Move On (R/B)  **11:00** Get To Know You (R)  **11:45** Connect 4 (R)  **1:15** News & Views (LIB)  **1:30- 2:30** **CYCLING WITHOUT AGE (GC)**  **1:30** Heighten Your Senses (W)  **2:30** **FALL TEA PARTY (TW)**  **4:00** Sing With Me (LIB) | **21**  **9:30** Chair Yoga (TW)  **9:45** Sing with Me (LIB)  **11:00** Word Games (LIB)  **11:00- 12:00 CYCLING WITHOUT AGE (GC)**  **2:30** Create & Construct (TW) |
| **22**  **2:00**  **CHURCH OF GOD OF PHROPHECY**  **CHURCH**  **SERVICE**  **(TW)** | [Image result for FALL CLIPART](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwjKntnEgobkAhUcHTQIHYBzC0cQjRx6BAgBEAQ&url=/url?sa%3Di%26rct%3Dj%26q%3D%26esrc%3Ds%26source%3Dimages%26cd%3D%26ved%3D%26url%3Dhttp://clipart-library.com/fall-cliparts.html%26psig%3DAOvVaw1MqVEgJKeGPe5KE2N-aowN%26ust%3D1565997704781134&psig=AOvVaw1MqVEgJKeGPe5KE2N-aowN&ust=1565997704781134)**23**    **10:00** Get To Know You (B)  **10:30** Get A Move On (TW)  **1:30- 2:30** **CYCLING WITHOUT AGE (GC)**  **2:30 RON MARIER ENTERTAINS (DR)**  **2:30** Heighten Your Senses (B)  **3:45** Remember When (LIB)  **4:00** Get To Know You (G)  **4:00** Trivial Pursuit (LIB)  **6:30** Shuffleboard (TW) | **24**  **9:45** Bible Study (LIB)  **9:45** Ball Toss (R)  **10:45 OUTING TO OLIVE GARDEN (TW)**  **1:00** Get To Know You (H)  **1:30-2:30** **CYCLING WITHOUT AGE (GC)**  **3:45** Crib Club (TW)  **4:00** Walk & Talk (GC)  **4:30** Ladder Ball (LIB)  **6:30 SING N’ BE HAPPY WITH LARRY (TW)** | **25**  **11:00** Flower Arranging (TW)  **11:00** Heighten Your Senses (B)  **1:15** Shuffleboard (TW)  **1:30-2:30 CYCLING WITHOUT AGE (GC)**  **1:30** Music Therapy Visits  (H/G)  **2:00** Closed Music Therapy Session R/B (LIB)  **2:15** Shuffleboard (TW)  **3:00** Get To Know You (R)  **4:00** Fella-Ship Club (LIB)  **6:30** Music Appreciation (LIB) | **26**  **9:45 CATHOLIC MASS (TW)**  **9:45** Get A Move On (LIB)  **10:00** Taboo (FL)  **11:00** Shoe Shine (W)  **11:00** Get To Know You (G)  **1:00-2:00** **CYCLING WITHOUT AGE (GC)**  **2:30 TROPICAL ARMCHAIR TRAVEL TO HAWAII (TW)**  **4:00** Trivial Pursuit (LIB)  **6:30** Carpet Bowling (TW) | **27**  **9:45** Fact or Fiction (W)  **9:45** Painting (TW)  **10:30** Java Music Club (LIB)  **10:45** Alive Inside (R/B)  **1:15** Brain Games (LIB)  **1:30- 2:30** **CYCLING WITHOUT AGE (GC)**  **1:30** Connect 4 (W)  **2:30** Walk & Talk (GC)  **3:00** Get To Know You  (B)  **4:00** Sing With Me (LIB) | **28**  **9:30** Balloon Badminton (TW)  **9:45** Get A Move On (LIB)  **11:00** Trivial Pursuit (LIB)  **11:00- 12:00** **CYCLING WITHOUT AGE (GC)**  **2:30** Tea Party (TW) |
| **29**  [Image result for fall flower clipart](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwi1ic7O3avkAhWPFjQIHeNHCGsQjRx6BAgBEAQ&url=https://www.jing.fm/iclipt/u2q8w7r5o0t4y3e6/&psig=AOvVaw2IpW-MHfTNpXMAMc9BU9H4&ust=1567293537824440)  [Image result for MAY FLOWERS CLIPART](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwi6gbyEh-zhAhVWtZ4KHZcECnUQjRx6BAgBEAU&url=/url?sa%3Di%26rct%3Dj%26q%3D%26esrc%3Ds%26source%3Dimages%26cd%3D%26ved%3D%26url%3Dhttp://clipart-library.com/april-flowers-cliparts.html%26psig%3DAOvVaw38De_S0_c09WE9dRpJpOeQ%26ust%3D1556309200503068&psig=AOvVaw38De_S0_c09WE9dRpJpOeQ&ust=1556309200503068) | **30**  **9:45 RESIDENT & FAMILY COUNCIL MEETING (LIB)**  **10:30** Get A Move On (TW)  **11:00** Get To Know You (B)  **1:15** Balloon Badminton (GC/TW)  **1:30- 2:30** **CYCLING WITHOUT AGE (GC)**  **2:30** Heighten Your Senses (H)  **4:00** Get To Know You (G)  **4:00** Trivial Pursuit (LIB)  **6:30** **SHUFFLEBOARD WITH RAYMOND ON PIANO** (TW) |  | | | | **ROOM LEGEND:**  **(B) BRITANNIA**  **(DR) DINING ROOM**  **(FL) FRONT LOUNGE**  **(FP) FRONT PATIO**  **(G) GLENMORE**  **(GC) GARDEN COURT**  **(H) HERITAGE**  **(LIB) LIBRARY**  **(R) RIDEAU**  **(TW) THERAPY WING**  **(W) WINGS** |