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| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY**  | **FRIDAY** | **SATURDAY** |
| **ROOM LEGEND:****(B) BRITANNIA****(DR) DINING ROOM****(FL) FRONT LOUNGE****(FP) FRONT PATIO****(G) GLENMORE****(GC) GARDEN COURT****(H) HERITAGE****(LIB) LIBRARY****(R) RIDEAU****(TW) THERAPY WING****(W) WINGS** | **1** **HAPPY CANADA DAY!** | **2** **9:45** Ball Toss (B)**9:45** Bible Study (LIB)**10:00** Get To Know You (B) **10:00** LIBRARY CART WITH PAM (W)**11:00** Get To Know You (G)**11:45 JOEY’S FISH N’ CHIPS PICNIC (GC/TW)****1:30** Alive Inside (R/B)**1:45** Creative Movement (LIB)**1:45** Artist’s Corner (TW)**3:45** Crib Club (TW) **4:00** Ladder Ball (LIB)**4:00** Connect 4 (R)**6:30 SING N’ BE HAPPY WITH LARRY (TW)** | **3** **9:45** Taboo (FL)**10:30** What’s Up In Rec? (W) **11:00** Flower Arranging (TW)**11:00** Chair Yoga (LIB)**1:00** Get to Know You (H)**1:15** Shuffleboard (TW)**1:30** Music Therapy Visits (W)**2:00** Closed Music Therapy Session R/B (LIB)**2:15** Shuffleboard (TW)**3:45** Frisbee Tic-Tac-Toe (TW)**4:00** Fella-Ship Club (LIB) **6:30** Jeopardy (TW) | **4** **9:45 CATHOLIC MASS (TW)****9:45** Get A Move On Cowpokes (LIB)**9:45** Get To Know You (R)**10:00** Card Games (FL)**10:00** Fabulous Nails (G) **11:15** Balloon Badminton (TW)**1:15** **HORSE VISITS IN THE COUNTRY OUTING (TW)****1:30** Card Bingo (TW)**2:45** Create & Construct (TW)**4:00** Trivial Pursuit (LIB)**6:30** Beach Ball Soccer (TW)**STAMPEDE OFFICIALLY****STARTS TOMORROW!****JULY 5TH – 14TH, 2019** | **5** **8:00/9:00** **RESIDENT STAMPEDE PANCAKE BREAKFAST:****TOE TAPPING****ENTERTAINMENT BY RANDY POIRIER (DR)****9:00 STAMPEDE PARADE ON TV (LIB)****10:15 RANDY POIRIER CONTINUES HIS SHOW FOR RESIDENTS AND STAFF (TW)****1:45** Java Music Club (LIB)**2:15** Lemonade Stand And Chit Chat (GC/TW)**2:30** Board Games (FP/FL)**3:00** Get To Know You (R)**4:30** Sing With Me (TW) | **6** **9:45** Music Appreciation(LIB)**11:00** How Is It Spelled? (LIB)**2:00** Balloon Badminton (TW)Your text hereYour text here |
|  **7**THIS CALENDAR IS SUBJECT TO CHANGE…PLEASE REFER TO DAILY PROGRAM BOARDS ON EACH WING. | **8** **10:00** Balloon Badminton (TW)**11:00** Good Ol’ Days (R/B)**1:15** Western Words Brain Games (LIB)**2:15** Get A Move On (LIB)**2:30** Artist’s Corner (TW)**2:30** Heighten Your Senses (R)**3:00** Get to Know You (R)**4:00** News & Views (LIB)**6:30 WELCOME AND BIRTHDAY PARTY:****STAMPEDE ENTERTAINMENT BY COWBOY RICK KELLY (TW)** | **9** **10:00** Get To Know You (B)**10:00 LUNCH OUTING TO HERITAGE PARK** **(TW)****1:30** Alive Inside (R/B)**1:45** Creative Movement (LIB)**3:45** Crib Club (TW) **4:00** Ladder Ball (LIB)**4:00** Checkers (FL)**6:30** Sing N’ Be Happy (TW)Image result for heritage park | **10** **9:45** Taboo (FL)**10:30** What’s Up In Rec? (W)**11:00** Flower Arranging (TW)**11:00** Good Ol’ days (FP)**1:00** Get To Know You (H)**1:15** Shuffleboard (TW)**1:30** Music Therapy Visits (W)**2:00** Closed Music Therapy Session R/B (LIB)**2:15** Shuffleboard (TW)**3:45** Frisbee Tic-Tac-Toe (TW) **4:00** Fella-Ship Club (LIB) **6:30** Family Feud (TW)  | **11** **9:00 STAMPEDE BREAKFAST OUTING TO ST. MARY’S UNIVERSITY (TW)****9:45 CATHOLIC MASS (TW)****9:45** Get A Move On (LIB)**9:45** Get To Know You (R)**11:00** News & Views (LIB)**1:30** Yahoo Bingo (TW)**2:00** Fabulous Nails (H) **4:00** Geography Trivia (LIB)**6:30** Beach Ball Soccer (TW) | **12**   **11:00 STAMPEDE BBQ FOR RESIDENTS:****FOOTSTOMPING ENTERTAINMENT BY SANDY D’ACEY****(GUESTS WILL BE CHARGED $5.00 PER MEAL) (GC/DR)****2:15** Shoe Shine (W)**2:30** Walk & Talk (GC) **2:45** Creative Movement (LIB)**3:00** Get To Know You (R)**3:30** Get To Know You (G)**4:30** Sing With Me (TW) | **13**  **IDA L.****LINDA G.****RITA K.****CHUCK C.****GAIL M.****SHELAGH K.****DOLORES W.****RISTO S.****LAURA M.****PHYLLIS C.** |



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| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **14****2:30****ST. ANDREW’S UNITED****CHURCH****SERVICE****(TW)** | **15** **10:00 LANA & KIDS VISIT (TW)****10:30** Get A Move On (LIB)**11:00** Heighten Your Senses (R/B)**1:00** Would You Rather? (LIB)**1:15** Beach Ball Soccer (GC/TW)**2:30** Get To Know You (B)**2:15** Artist’s Corner (TW) **3:00** Get to Know You (R)**4:00** News & Views (LIB)**6:30** Shuffleboard (TW) | **16** **9:45** Ball Toss (B)**9:45** Get To Know You (G)**10:00** LIBRARY CART WITH PAM (W)**10:45 LUNCH OUTING TO** **TIM HORTON’S (TW)****11:00** Create & Construct (TW)**1:30** Creative Movement (LIB)**4:00** Crib Club (TW) **4:00** Checkers (FL)**4:00** Ladder Ball (LIB)**6:30 SING N’ BE HAPPY WITH LARRY (TW)** | **17** **9:45** Taboo (FL)**11:00** Flower Arranging (TW)**11:00** Chair Yoga (LIB)**1:00** Get To Know You (H)**1:15** Shuffleboard (TW)**1:30** Music Therapy Visits (W)**2:00** Closed Music Therapy Session R/B (LIB)**2:15** Shuffleboard (TW)**3:45** Frisbee Tic-Tac-Toe (TW)**4:00** Fella-Ship (LIB)**6:30** Who Wants To Be A Millionaire? (TW) | **18** **9:45 CATHOLIC MASS (TW)****9:45** Get A Move On (LIB)**9:45** Balloon Badminton (B)**10:00** Get To Know You (R)**10:00** Fabulous Nails (R/B)**11:00** Bible Study (LIB)**11:00** Walk & Talk (GC)**1:15 HORSE VISITS IN THE COUNTRY OUTING (TW)****1:30** Card Bingo (TW)**2:00** What Am I? (LIB)**4:00** Sing With Me (LIB)**6:30** Volley Ball (TW) | **19** **9:45** Painting (TW)**10:00** Ball Toss (R)**10:30** Java Music Club (LIB)**11:00** News & Views (H) **2:00** Music AndFruit Snacks (GC/TW) **2:15** Trivial Pursuit (G)**3:00** Get To Know You (R)**3:45** Walk & Talk (GC)**4:00** Sing With Me (LIB) | **20****9:45** Sing with Me (LIB)**11:00** Word Games (LIB)**2:00** Ladder Ball (TW) |
|  **21****Image result for clipart of delphiniumDELPHINIUM IS THE BIRTH FLOWER OF JULY** | **22** **9:45** Sing With Me (LIB) **10:30** Get A Move On (LIB)**11:00** Walk & Talk (GC) **1:00** Brain Games (LIB)**1:15** Beach Ball Soccer (GC/TW)**2:15** Artist’s Corner (TW)**2:30** Get To Know You (B)**3:00** Get To Know You (R)**4:00** New & Views (LIB)**6:30** Shuffleboard (TW) | **23** **9:30** **DAY TRIP OUTING TO CANMORE (TW)****9:45** Bible Study (LIB)**10:00** Good Ol’ Days (R) **11:00** Get To Know You (G) **2:00** Carpet Bowling (TW)**3:45** Crib Club (TW)**4:00** Connect 4 (R)**4:00** Fella-Ship (LIB)**6:30 SING N’ BE HAPPY (TW)**  | **24** **9:45** Taboo (FL)**10:30** Good Vibes (B) **11:00** Flower Arranging (TW)**11:00** Good Ol’ days (FP)**1:00** Get To Know You (H)**1:30** Music Therapy Visits (W)**2:30 RANDY & RAI ENTERTAIN (DR)****6:30** Jeopardy (TW) | **25** **9:15 HANDI-BOAT OUTING TO GHOST LAKE (TW)****9:45 CATHOLIC MASS (TW)****9:45** Groove & Move (LIB)**1:30** Music Appreciation (LIB)**2:00** Guess Who? (GC)**4:00** Mandala Coloring (TW)**6:30** Shuffleboard (TW)   | **26** **9:45** Painting (TW)**10:00** Ball Toss (B)**10:30** Java Music Club (LIB)**10:45** Trivial Pursuit (R)**2:00** Frozen Treats Frenzy (GC/TW)**2:30** Heighten Your Senses (R/B)**3:00** Get To Know You (R)**3:45** Walk & Talk (GC)**4:00** Sing With Me (LIB) | **27** **9:45** Good Ol’ Days (LIB)**11:00** Word Games (LIB)**2:00** Bean Bag Toss (TW) |
|  **28**Image result for MAY FLOWERS CLIPART | **29** **9:45 RESIDENT & FAMILY COUNCIL MEETING (LIB)** **1:00** Get A Move On (LIB)**2:15** Artist’s Corner (TW)**2:30** Chair Yoga (LIB) **3:00** Get To Know You (R)**6:30** **SING ALONG WITH RAYMOND AND****BRAIN GAMES (TW)**  | **30** **9:45** Ball Toss (B)**9:45** Bible Study (LIB)**10:00** Get To Know You (B)**11:00** Get To Know You (G)**11:00** Walk & Talk (GC)**1:15** **OUTING TO CHINOOK HONEY COMPANY (TW)****1:45** Creative Movement (LIB)**2:45** Music Appreciation (LIB)**3:45** Crib Club (TW)**4:00** Ladder Ball (LIB)**6:30 SING N’ BE HAPPY WITH LARRY (TW)** | **31** **9:45** Taboo (FL)**11:00** Flower Arranging (TW)**11:00** Chair Yoga (LIB)**1:15** Shuffleboard (TW)**1:30** Music Therapy Visits (H/G)**1:30** Get To Know You (H)**2:00** Closed Music Therapy Session R/B (LIB)**2:15** Shuffleboard (TW)**3:45** Frisbee Tic-Tac-Toe (TW)**4:00** Fella-Ship Club (LIB)**6:30** Family Feud (TW) |  |