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| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **1**    **HELEN T.**  **WOODY O.**  **JUDE H.**  **THERESA L.**  **WILMA D.**  **MARION N.**  **SUZAN B.**  **RUTH H.**  **SHELIA S.**  **DORIS M.** | **2**  **10:30 Ball Toss (TW)**  **1:45 Bingo (TW)** | **3**  **10:00 Brain Games (LIB)**  **11:00 Groove and Move (H)**  **11:45 FIVE GUYS LUNCHEON (TW)**  **1:30 Chair Yoga (LIB)**  **2:15 Create and Construct (TW)**  **4:00 Mandala Coloring (TW)**  **6:30 Time Slips (LIB)** | **4**  **10:15 Prayer Group (LIB)**  **10:30 Flower Arranging (TW)**  **11:00 Move To The Beat (LIB)**  **2:15 ENTERTAINMENT WITH ANNA & DAIGA (GC/TW)**  **6:30 Bingo (TW)** | **5**  **10:00 Shuffleboard (TW)**  **1:30 Trivial Pursuit (LIB)**  **2:30 Bible Study (LIB)** | **6**  **10:00 Creative Movement (TW)**  **10:30 Java Music Club (LIB)**  **2:00 Painting (TW)** | **7**  **10:00 Shuffleboard (TW)**  **2:30 Sing With Me (LIB)** |
| **8**    **ROOM LEGEND**  **(B) BRITANNIA**  **(DR) DINING ROOM**  **(FL) FRONT LOUNGE**  **(FP) FRONT PATIO**  **(G) GLENMORE**  **(GC) GARDEN COURT**  **(H) HERITAGE**  **(LIB) LIBRARY**  **(R) RIDEAU**  **(TW) THERAPY WING**  **(W) WINGS** | **9**  **10:30 Bean Bag Toss (TW)**  **1:45 Bingo (TW)**  **2:00 Walk & Talk (GC)**  **4:00 Lemonade and Music (LIB)**  **6:30 Movie Night (TW)** | **10**  **9:00 HANDI-BOAT OUTING (TW)**  **10:00 Brain Games (LIB)**  **10:00 LIBRARY CART WITH PAM (W)**  **11:00 Groove and Move (H)**  **1:30 Chair Yoga (LIB)**  **2:15 ICE CREAM SOCIAL (TW)** | **11**    **10:15 Prayer Group (LIB)**  **10:30 Flower Arranging (TW)**  **11:00 Ring Toss (TW)**  **1:30 Show Time (LIB)**  **4:00 Card Games (TW)**  **6:30 Bingo (TW)** | **12**  **9:00 HANDI-BOAT OUTING (TW)**  **10:30 Edible Arrangements (TW)**  **4:00 Helping Hands (TW)**  **6:30 Around The Globe (TW)** | **13**  **10:00 Creative Movement (TW)**  **10:30 Java Music Club (LIB)**  **2:00 Painting (TW)** | **14**  **10:00 Card Bingo (TW)**  **2:30 Balloon Badminton (TW)** |

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| **SUNDAY** | | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **15** | | **16**    **10:00 Bingo (TW)**  **4:00 Songs of Faith (LIB)**  **6:30 Movie Night**  **Documentary (TW)** | **17**  **10:00 Sing With Me (LIB)**  **10:30 AUGUST SOCIAL (B)**  **(For Britannia Residents)**  **12:45** **HORSE VISITS IN THE COUNTRY OUTING (TW)**  **1:30 Chair Yoga (LIB)**  **2:15 Brain Games (LIB)**  **4:00 Groove & Move (H)**  **4:00 Mandala Coloring (TW)**  **6:30 Time Slips (LIB)** | **18**  **10:15 Prayer Group (LIB)**  **10:30 Flower Arranging (TW)**  **11:00 Move To The Beat (LIB)**  **1:30 Show Time (LIB)**  **4:00 Rhythm Band (LIB)**  **6:30 Bingo (TW)** | **19**  **10:45 PICNIC AT WEASEL HEAD PARK OUTING (TW)**  **11:00 Ladder Ball (TW)**  **2:30 Walk & Talk (GC)**  **3:45 Bible Study (LIB)**  **4:00 Helping Hands (TW)**  **6:30 Nature Night (TW)** | **20**    **10:00 Creative Movement (TW)**  **10:30 Java Music Club (LIB)**  **2:00 Painting (TW)** | **21**  **10:00 Shuffleboard (TW)**  **2:30 Bean Bag Toss (TW)** |
| **22** | **23**  **10:30 ERNA PLAYS CLASSICAL PIANO (TW)**  **1:45 Bingo (TW)**  **2:00 Walk & Talk (GC)**  **4:00 News & Views (LIB)**  **6:30 Shuffleboard (TW)** | **24**  **10:00 Brain Games (LIB)**  **10:00 Sing With Me (H)**  **10:00 LIBRARY CART WITH PAM (W)**  **1:15 MY FAVOURITE ICE CREAM SHOPPE OUTING (TW)**  **2:15 Create & Construct (TW)**  **4:00 Bible Study (LIB)**  **6:30 Time Slips (LIB)** | **25**  **10:15 Prayer Group (LIB)**  **10:30 Flower Arranging (TW)**  **11:00 Ring Toss (TW)**  **1:30 Show Time (LIB)**  **4:00 Card Games (TW)**  **6:30 Jeopardy (TW)** | **26**    **10:15 Let’s Chat (R)**  **10:30 Edible Arrangements (TW)**  **12:45** **HORSE VISITS IN THE COUNTRY OUTING (TW)**  **1:45 Bingo (TW)** | **27**  **10:00 Creative Movement (TW)**  **10:30 Java Music Club (LIB)**  **2:00 Painting (TW)** | **28**    **10:00 Shuffleboard (TW)**  **2:30 Sing With Me (LIB)** |
| **29** | | **30**  **9:45 RESIDENT & FAMILY COUNCIL MEETING (LIB)**  **2:30 ELVIS IS IN THE BUILDING (GC/DR)**  **6:30 Shuffleboard (TW)** | **31**  **10:00 Brain Games (LIB)**  **10:45 PICNIC AT EDWORTHY PARK OUTING (TW)**  **11:00 Groove and Move (H)**  **1:30 Chair Yoga (LIB)**  **2:15 Cornhole/Ring Toss & Watermelon (TW)**  **4:00 Mandala Coloring (TW)**  **6:30 Time Slips (LIB)** |  |  |  |  | |